

UNITED STATES DISTRICT COURT
CENTRAL DISTRICT OF CALIFORNIA

MEG K. SMART,
Plaintiff,
v.
MICHAEL J. ASTRUE,
Commissioner of Social
Security,
Defendant. } Case No. CV 08-8243-JC
} MEMORANDUM OPINION AND
} ORDER OF REMAND

I. SUMMARY

On December 15, 2008, plaintiff Meg K. Smart (“plaintiff”) filed a Complaint seeking review of the Commissioner of Social Security’s denial of plaintiff’s application for benefits. The parties have filed a consent to proceed before a United States Magistrate Judge.

This matter is before the Court on the parties' cross motions for summary judgment, respectively ("Plaintiff's Motion") and ("Defendant's Motion"). The Court has taken both motions under submission without oral argument. See Fed. R. Civ. P. 78; L.R. 7-15; December 17, 2008 Case Management Order ¶ 5.

Based on the record as a whole and the applicable law, the decision of the Commissioner is REVERSED AND REMANDED for further proceedings

1 consistent with this Memorandum and Opinion and Order of Remand because the
 2 Administrative Law Judge (“ALJ”) failed properly to evaluate plaintiff’s
 3 subjective symptoms in determining plaintiff’s residual functional capacity.

4 **II. BACKGROUND AND SUMMARY OF ADMINISTRATIVE
 5 DECISION**

6 On October 16, 2003, plaintiff filed an application for Disability Insurance
 7 Benefits. (Administrative Record (“AR”) 236-38). Plaintiff asserted that she
 8 became disabled on September 1, 1998, due to “[l]ow back vertebra tip above and
 9 below fusion and pinch[ed] nerves, mid and low neck sprain/instability vertebra
 10 pinch[ed] nerves, [t]horacic back instability causing automatic changes, blood
 11 pressure drops, [and] fatigue related colapsing [sic].” (AR 236, 256). Plaintiff’s
 12 last insured date was September 30, 2003. (AR 20).¹

13 The Social Security Administration denied Plaintiff’s application initially
 14 and on reconsideration. (AR 191-202). Plaintiff requested a hearing, which
 15 resulted in four hearings before an ALJ on July 28, 2005, February 14, 2006, June
 16 9, 2006, and August 2, 2007. (AR 203, 86-190). The ALJ examined the medical
 17 record and heard testimony from plaintiff (who was represented by counsel), a
 18 vocational expert and two medical experts. (AR 86-190).

19 On August 16, 2007, the ALJ determined that plaintiff was not disabled
 20 from the alleged onset date through plaintiff’s date last insured. (AR 18-37).
 21 Specifically, the ALJ found: (1) plaintiff suffered from the following severe
 22 impairments: “status post laminectomy and fusion of the lumbar spine due to

23
 24
 25 ¹In order for plaintiff to be eligible for disability benefits, plaintiff must establish that she
 26 became disabled and therefore unable to engage in substantial gainful activity prior to the
 27 expiration of her insured status. See 42 U.S.C. §§ 416(i)(2)(C), 416(i)(3)(A); 20 C.F.R.
 28 § 404.131; see also *Vertigan v. Halter*, 260 F.3d 1044, 1047 (9th Cir. 2001); *Flaten v. Secretary
 of Health and Human Services*, 44 F.3d 1453, 1458 (9th Cir. 1995) (where claimants apply for
 benefits after the expiration of their insured status based on a current disability, the claimants
 “must show that the current disability has existed continuously since some time on or before the
 date their insured status lapsed”).

1 compression fracture, headaches, dizziness, carpal tunnel syndrome, organic
 2 mental disorder, and a mood disorder moderate, due to generalized medical
 3 condition" (AR 20); (2) plaintiff's impairments, considered singly or in
 4 combination, did not meet or medically equal one of the listed impairments (AR
 5 20-21); (3) plaintiff retained the residual functional capacity to perform sedentary
 6 work (AR 21, 30, 36 (adopting medical expert testimony at AR 171-72));²
 7 (4) plaintiff could not perform her past relevant work (AR 35); (5) plaintiff could
 8 perform jobs that exist in significant numbers in the national economy (AR 36
 9 (adopting vocational expert testimony at AR 119-21)); and (6) plaintiff's
 10 allegations regarding her limitations were not totally credible (AR 22-35
 11 (discussing extensive medical record)).

12 The Appeals Council denied plaintiff's application for review. (AR 6-8).

13 **III. APPLICABLE LEGAL STANDARDS**

14 **A. Sequential Evaluation Process**

15 To qualify for disability benefits, a claimant must show that she is unable to
 16 engage in any substantial gainful activity by reason of a medically determinable
 17 physical or mental impairment which can be expected to result in death or which
 18 has lasted or can be expected to last for a continuous period of at least twelve
 19 months. Burch v. Barnhart, 400 F.3d 676, 679 (9th Cir. 2005) (citing 42 U.S.C.
 20 § 423(d)(1)(A)). The impairment must render the claimant incapable of

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 22
 23 ²The ALJ determined that, through the date last insured, plaintiff:

24 could lift 10 pounds occasionally and less than 10 pounds frequently. She could
 25 sit for 6 hours out of an 8-hour work day, and she could stand and walk for 2
 26 hours out of an 8-hour work day, with the use of a cane on an as-needed basis.
 27 She required a sit/stand option every 15 to 30 minutes. She could occasionally
 28 stoop, bend, and climb stairs. She could not balance, kneel, crouch, crawl, climb
 ropes, or work at heights. Her mental impairment limited her to simple repetitive
 and moderately complex tasks.

(AR 21).

1 performing the work she previously performed and incapable of performing any
 2 other substantial gainful employment that exists in the national economy. Tackett
 3 v. Apfel, 180 F.3d 1094, 1098 (9th Cir. 1999) (citing 42 U.S.C. § 423(d)(2)(A)).

4 In assessing whether a claimant is disabled, an ALJ is to follow a five-step
 5 sequential evaluation process:

- 6 (1) Is the claimant presently engaged in substantial gainful activity? If
 so, the claimant is not disabled. If not, proceed to step two.
- 7 (2) Is the claimant's alleged impairment sufficiently severe to limit
 her ability to work? If not, the claimant is not disabled. If so,
 proceed to step three.
- 8 (3) Does the claimant's impairment, or combination of
 impairments, meet or equal an impairment listed in 20 C.F.R.
 Part 404, Subpart P, Appendix 1? If so, the claimant is
 disabled. If not, proceed to step four.
- 9 (4) Does the claimant possess the residual functional capacity to
 perform her past relevant work?³ If so, the claimant is not
 disabled. If not, proceed to step five.
- 10 (5) Does the claimant's residual functional capacity, when
 considered with the claimant's age, education, and work
 experience, allow her to adjust to other work that exists in
 significant numbers in the national economy? If so, the
 claimant is not disabled. If not, the claimant is disabled.

23 Stout v. Commissioner, Social Security Administration, 454 F.3d 1050, 1052 (9th
 24 Cir. 2006) (citing 20 C.F.R. §§ 404.1520, 416.920).

25 The claimant has the burden of proof at steps one through four, and the
 26 Commissioner has the burden of proof at step five. Bustamante v. Massanari, 262

28 ³Residual functional capacity is “what [one] can still do despite [ones] limitations” and
 represents an “assessment based upon all of the relevant evidence.” 20 C.F.R. § 404.1545(a).

1 F.3d 949, 953-54 (9th Cir. 2001) (citing Tackett); see also Burch, 400 F.3d at 679
 2 (claimant carries initial burden of proving disability).

3 **B. Standard of Review**

4 Pursuant to 42 U.S.C. section 405(g), a court may set aside a denial of
 5 benefits only if it is not supported by substantial evidence or if it is based on legal
 6 error. Robbins v. Social Security Administration, 466 F.3d 880, 882 (9th Cir.
 7 2006) (citing Flaten v. Secretary of Health & Human Services, 44 F.3d 1453, 1457
 8 (9th Cir. 1995)). Substantial evidence is “such relevant evidence as a reasonable
 9 mind might accept as adequate to support a conclusion.” Richardson v. Perales,
 10 402 U.S. 389, 401 (1971) (citations and quotations omitted). It is more than a
 11 mere scintilla but less than a preponderance. Robbins, 466 F.3d at 882 (citing
 12 Young v. Sullivan, 911 F.2d 180, 183 (9th Cir. 1990)).

13 To determine whether substantial evidence supports a finding, a court must
 14 “consider the record as a whole, weighing both evidence that supports and
 15 evidence that detracts from the [Commissioner’s] conclusion.”” Aukland v.
 16 Massanari, 257 F.3d 1033, 1035 (9th Cir. 2001) (quoting Penny v. Sullivan, 2 F.3d
 17 953, 956 (9th Cir. 1993)). If the evidence can reasonably support either affirming
 18 or reversing the ALJ’s conclusion, a court may not substitute its judgment for that
 19 of the ALJ. Robbins, 466 F.3d at 882 (citing Flaten, 44 F.3d at 1457).

20 **IV. DISCUSSION**

21 Plaintiff contends that the ALJ erred in finding that plaintiff retains the
 22 residual functional capacity to do sedentary work. Specifically, plaintiff asserts
 23 that the ALJ erred in relying on the testifying medical expert’s opinion over a
 24 consultative examiner’s opinion, and over the August 2005 opinion of treating
 25 physician, Dr. Wilgarde, who opined that plaintiff would be incapable of
 26 completing an eight-hour workday. (Plaintiff’s Motion at 13-15, 17-18; see also
 27 AR 1605 (Dr. Wilgarde’s opinion)). Plaintiff also contends that the ALJ erred in
 28 rejecting plaintiff’s subjective complaints which suggest greater limitations than

1 the ALJ found to exist, without a sufficient credibility finding. (Plaintiff's Motion
 2 at 19-21).

3 For the reasons discussed below, the Court finds that the ALJ erred in
 4 assessing plaintiff's credibility.

5 **A. Background**

6 **1. The Relevant Medical Record**

7 Plaintiff was injured on May 28, 1997, when she was hit by a car while she
 8 was at work. (AR 483, 485, 658-59). Plaintiff suffered an L3 compression
 9 fracture and underwent a lumbar laminectomy and L2-L4 fusion on June 4, 1997.
 10 (AR 293-320, 322-26, 355-484, 641-47, 696-710, 822-36 (hospital records); 544-
 11 45, 589-91, 598, 624, 629, 634, 639, 649, 690-94, 906-12, 915, 919, 959, 983,
 12 1005, 1015-16 (imaging results)).⁴ Records from July 3, 1997, when plaintiff was
 13 discharged from rehabilitation for her back surgery, indicate that plaintiff's sitting
 14 tolerance improved from only 15 minutes per day after plaintiff's operation, to five
 15 hours at a time at discharge. (AR 483; see also AR 490-543, 550-71
 16 (rehabilitation hospital records)). Plaintiff reportedly was walking almost one
 17 mile per day by August 26, 1997, and twice daily at 3 1/4 miles per hour by April
 18 8, 1998. (AR 630, 655).⁵

19 On April 9, 1998, Dr. Melvin Snyder cleared plaintiff to return to work with
 20 a 25-pound weight restriction. (AR 650; compare AR 733 (letter of same date
 21 noting additional restriction of returning to work starting with four hours daily));
 22 AR 957 (letter dated August 13, 1998, noting same); AR 958 (letter dated August
 23

24 ⁴At around this time, plaintiff was diagnosed with chondrocalcinosis (calcification) of her
 25 right knee, along with a middle collateral ligament tear and medial meniscal tear in her right knee
 26 requiring arthroscopic surgery by Dr. Lewis Yocum on October 13, 1997. (AR 321, 327, 483,
 27 627-28, 648, 841, 857, 869-74, 1049-50). On March 23, 1998, Dr. Yocum cleared plaintiff to
 return to work with "modified duty" (*i.e.*, no repetitive kneeling, bending or stooping), as long as
 plaintiff's back had been cleared. (AR 848).

28 ⁵Nonetheless, doctors prescribed plaintiff a lumbar brace, wheelchair, and hospital bed in
 April 1998. (AR 577-78).

14, 1998, noting plaintiff will return to full-time work on September 1, 1998, with
 2 no noted limitations)). Plaintiff previously had been cleared to return to four
 3 hours of work per day, with a 10 pound weight restriction and no prolonged sitting
 4 or standing. (AR 657 (January 8, 1997 letter)). Plaintiff returned to work,
 5 working four to six hours per day, but stopped working in September 1998. (AR
 6 256). Plaintiff claims she had to stop work because she could not stay up the
 7 number of hours her job required. (AR 256; see also AR 952-53 (plaintiff's
 8 January 5, 1999 "update" explaining why she stopped working)).

The medical record suggests that plaintiff's physical condition worsened
 after her initial recovery from her spinal surgery. On November 20, 1998, Dr. Roy
 Simon evaluated plaintiff for pain management. (AR 930-35). Plaintiff
 complained of body jerking, dizziness when walking or sitting, leg weakness when
 she walked, pinching and pressure in her low back, hip joint pain, headaches, and
 memory loss. (AR 930-31). Dr. Simon noted that plaintiff's examination was
 negative for any central neurological disorders, but that plaintiff presented with
 some symptoms of central dysfunction. (AR 933). Dr. Simon recommended
 further diagnostic studies including serological studies, an electroencephalogram,
 a nerve conduction velocity study, and an electromyogram of the lower
 extremities. (AR 933).⁶

By January 6, 1999, Dr. Snyder declared plaintiff permanent and stationary
 for plaintiff's workers compensation claim, noting her condition as precluding
 "semi-sedentary work." (AR 951).⁷ Plaintiff complained of mild to moderate

⁶ Neurologist Dr. Ronald Farran performed nerve conduction studies on January 13, 1999, that showed plaintiff also suffers from carpal tunnel syndrome. (AR 662-66; compare AR 727-29 (normal nerve conduction study done to rule out carpal tunnel syndrome)). Dr. Farran noted that neurologic follow up should be done since plaintiff had "a number of neurologic symptoms." (AR 663).

⁷Dr. Yocom prepared a "Permanent and Stationary" report for plaintiff dated January 8, 1999, opining that plaintiff's knee made plaintiff "permanent and stationary," but noting that
 (continued...)

1 back pain with lumbar tenderness and dizziness. (AR 951, 954, 958).⁸ On
 2 November 2, 1999, Dr. Snyder operated on plaintiff to remove the rods placed in
 3 plaintiff's back to fuse the L2-L4 vertebrae. (AR 967-72).

4 Thereafter, Plaintiff was treated monthly by Dr. David Wilgarde at the
 5 Desert Orthopedic Center from June 22, 2000 through at least June 7, 2005. (AR
 6 1097-1191, 1357-1426, 1544-49, 1558-71). Plaintiff complained of persistent
 7 pelvic and back pain and intermittent leg pain, and an inability to remain upright
 8 without feeling dizziness and near syncope, resulting in a limited sitting tolerance.
 9 (AR 1172). Dr. Wilgarde opined that plaintiff was temporarily totally disabled at
 10 each of her visits. (AR 1097, 1100, 1102, 1104, 1106, 1109, 1111, 1114, 1118,
 11 1120, 1124, 1126, 1129, 1132, 1135, 1138, 1140, 1142, 1144, 1147, 1150, 1153,
 12 1156, 1159, 1162, 1165, 1167, 1169, 1171, 1175, 1178, 1181, 1184, 1559, 1561,
 13 1563, 1565, 1568, 1571). Dr. Wilgarde noted on September 15, 2000, that
 14 plaintiff had obtained a reclining wheelchair that plaintiff used to recline if
 15 plaintiff became dizzy or lightheaded while away from home. (AR 1177). At
 16 times plaintiff reported to Dr. Wilgarde in her reclining wheelchair. (AR 1120,
 17 1123, 1125, 1166). Other times, plaintiff was using walking sticks (bilateral
 18 canes). (AR 1152, 1156, 1164).

19 Dr. Wilgarde prepared a "Permanent and Stationary Report" for plaintiff
 20 dated December 18, 2003. (AR 1550-61). Dr. Wilgarde's physical examination of
 21 plaintiff revealed no acute distress, a normal stance and gait, normal range of
 22 motion in the cervical, thoracic and lumbar spine, mild tenderness in the

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 24 ⁷(...continued)

25 "semisedentary" work would be "appropriate." (AR 841-42). In a follow-up dated October 4,
 26 1999, Dr. Yocom opined that plaintiff was unable to return to work "not based on her knee, but
 rather on her spine." (AR 839).

27 ⁸Plaintiff was evaluated by Dr. Nelman Low in November 1998 for vertigo problems.
 28 (AR 891). Dr. Low noted that plaintiff had a slight impedance in her left ear. Since plaintiff was
 considered clinically stable at the time, Dr. Low recommended holding off on any aggressive
 treatment. (AR 891).

1 paracervical and upper trapezius muscles and in the gluteal muscles and greater
 2 trochanters, but normal strength, sensation and reflexes in the upper and lower
 3 extremities. (AR 1555).⁹ Dr. Wilgarde nonetheless found plaintiff permanent and
 4 stationary based on plaintiff's subjective complaints of fatigue, low endurance,
 5 back spasms, and intermittent numbness and tingling in the legs and upper
 6 extremities. (AR 1556). Dr. Wilgarde noted that plaintiff should avoid lifting,
 7 pushing or pulling, crawling, kneeling, climbing or balancing, but plaintiff could
 8 occasionally bend and stoop, stand, walk, and sit. (AR 1556). Dr. Wilgarde did
 9 not explain how long he felt plaintiff could stand, walk and sit. (AR 1556).

10 Plaintiff returned to Dr. Wilgarde on August 2, 2005, after one of her
 11 administrative hearings, informed him a medical expert had opined that plaintiff
 12 could work an eight-hour day, and asked Dr. Wilgarde to explain plaintiff's
 13 tolerances. (AR 1604-07).¹⁰ Dr. Wilgarde noted that he believed that plaintiff
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15 ⁹A nerve conduction study dated March 27, 2003, showed only evidence of right median
 16 motor distal neuropathy without evidence of sensory neuropathy or denervation, with no
 17 evidence of cervical radiculopathy in plaintiff's upper extremities. (AR 1591-94). An MRI of
 18 plaintiff's cervical spine dated March 24, 2003, was essentially normal except for mild disc
 degeneration at C5-C6. (AR 1115-16).

19 Plaintiff's physical therapist, Dwight Cornish, who worked with plaintiff from October
 20 2001 through at least September 30, 2004, claimed that the normal MRI failed to reflect his
 21 assessment that plaintiff suffers from cervical spine instability/alignment problems (AR 1500-01;
see also AR 1482-1543 (physical therapy records)). Cornish prepared a "Statement of Physical
 22 Capacity and Prognosis" dated December 18, 2003, wherein he opined that plaintiff could sit
 23 only 20 to 30 minutes, stand for two to three minutes, walk for 10 to 30 minutes on a treadmill
 24 with supervision and about half as much if outdoors, and could be out of bed only 5.5 hours per
 25 day for light activities of daily living. (AR 1538). The Court notes that a physical therapist is
 not an acceptable source of medical evidence to establish an impairment. 20 C.F.R. §
 404.1513(a).

26 ¹⁰Medical expert Dr. Landau testified in July 2005 that, based on his review of plaintiff's
 27 medical record, plaintiff would be capable of sitting six hours out of an eight-hour day and
 28 standing and walking two hours out of an eight-hour day for 15 to 30 minutes at a time, with the
 use of a cane as needed. (AR 171-72). Dr. Landau said he tried to defer to Dr. Wilgarde's
 suggestions in reaching his own opinion concerning plaintiff's capabilities. (AR 171, 174).

(continued...)

1 could not work a six to eight hour day due to her need to lie down. (AR 1605).
 2 Dr. Wilgarde explained that plaintiff was unable to sit for prolonged periods of
 3 time, but could sit, stand and walk for short periods of time (*i.e.*, no longer than
 4 eight to 10 minutes at a time), with plaintiff's tolerance for such activities ranging
 5 from five to 15 minutes, depending on her symptoms. (AR 1605).¹¹

6 The record also contains a lengthy medical evaluation from Dr. Dennis
 7 Ainbinder dated November 23, 2005. (AR 1610-35). Dr. Ainbinder examined
 8 plaintiff, noting: (1) cervical spine pain upon 60 degree bends and rotations, on
 9 flexion and extension (AR 1622); (2) right/left hand pain upon terminal motions of
 10 certain joints (AR 1624); (3) an unsteady gait and lumbosacral spine pain upon
 11 terminal extension (AR 1626); and (4) pain upon terminal flexion of both knees
 12 and tenderness to the medial joint of the right knee. (AR 1628). Dr. Ainbinder
 13 diagnosed plaintiff with a cervical myofascial sprain, sprains in both hands and in
 14 plaintiff's left knee, status post arthrodesis lumbar spine for stellate fracture and
 15 removal of hardware secondary to the surgery, and status post arthroscopic partial
 16 medial meniscectomy of the right knee and a torn anterior cruciate ligament in the
 17 right knee. (AR 1630). Dr. Ainbinder found plaintiff "100% disabled," noting the
 18 following work restrictions: (1) no repetitive motions of the neck, no very heavy
 19 lifting, and no repetitive pushing, pulling and forward reaching; (2) no prolonged
 20 walking, squatting, kneeling, ascending and descending stairs, walking on uneven
 21 terrain or working at unprotected heights due to right knee limitations; and

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 24 ¹⁰(...continued)

25 However, Dr. Landau noted that Dr. Wilgarde had not specified what Dr. Wilgarde meant when
 26 he said plaintiff could stand and walk for "brief" periods of time, which Dr. Landau interpreted
 27 as 15 to 30 minutes at a time. (AR 171-74). The ALJ adopted Dr. Landau's opinion concerning
 28 plaintiff's physical residual functional capacity. (AR 21).

11The ALJ rejected Dr. Wilgarde's explanation in determining plaintiff's residual
 functional capacity , finding that it was based entirely on plaintiff's subjective complaints. (AR
 29-30).

1 (3) semi-sedentary work with the use of a brace and staffs due to lumbar spine
 2 limitations. (AR 1631-32).¹²

3 **2. The Record of Plaintiff's Subjective Complaints and**
 4 **Reported Daily Activities**

5 At plaintiff's 2007 hearing, plaintiff testified that she participated in pool
 6 therapy about twice a week, tried to make her own breakfast consisting of cereal
 7 and fruit or eggs, showered with assistance, then spent her days reading or resting,
 8 listening to books on tape and the radio, and watching movies. (AR 110-13).
 9 Plaintiff said she spent most of her time laying in a reclining chair. (AR 112; see
 10 also AR 151 (plaintiff testifying that Dr. Wilgarde prescribed her reclining
 11 wheelchair and zero gravity chair)). Plaintiff said she could stand five to 10
 12 minutes before experiencing discomfort, making it hard for her to walk. (AR 114-
 13 15).

14 In an undated "Disability Report Adult" form, plaintiff asserted: She could
 15 sit for 20 minutes depending on the furniture, walk for 30 minutes on flat surfaces,
 16 and stand a few minutes. (AR 256). For every hour or two plaintiff was up, she
 17 had to rest an hour or two lying down. (AR 256). She had limited use of her right
 18 hand due to carpal tunnel syndrome, and some concentration and short term
 19 memory difficulty. (AR 256). Although plaintiff had returned to work for a short
 20 period of time after her initial recovery from her accident, she had worked between
 21 four and six hours per day and had taken frequent short breaks to lie on the floor
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26 ¹²Although Dr. Ainbinder noted "objective factors of disability" including a diminished
 27 range of motion in the cervical spine, operative findings of the lumbar spine and right knee, and
 28 areas of tenderness with the left knee (AR 1631), the ALJ rejected Dr. Ainbinder's opinion as
 "not supported by the objective findings," opting instead to adopt medical expert Dr. Landau's
 earlier opinion. (AR 30).

1 and stretch her muscles. (AR 256). She stopped working because she was unable
 2 to stay up as long as she needed to for her job. (AR 256).¹³

3 **B. The ALJ Failed Properly to Assess Plaintiff's Credibility**

4 As summarized above, the ALJ found plaintiff not disabled based in part on
 5 a determination that plaintiff's subjective complaints were not entirely credible.
 6 The veracity of plaintiff's subjective complaints are central to her disability
 7 determination given: (1) the medical record, which suggests that plaintiff suffers
 8 from neurologic issues of unknown origin; and (2) Dr. Wilgarde's and Dr.
 9 Ainbinder's opinions, which were based at least in part on plaintiff's subjective
 10 complaints, that plaintiff is more functionally limited than the ALJ determined.

11 **1. Pertinent Law**

12 In determining a claimant's residual functional capacity, an ALJ must
 13 consider all relevant evidence in the record, including medical records, lay
 14 evidence, and the effects of symptoms, including pain, that are reasonably
 15 attributed to a medically determinable impairment. Robbins v. Social Security,
 16 466 F.3d 880, 883 (9th Cir. 2006) (citations omitted). Careful consideration
 17 should be given to any evidence about symptoms because subjective descriptions
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19
 20 ¹³In a "Daily Activities Questionnaire" dated December 18, 2003, plaintiff reported: On
 21 an average day she did one to two hours of isometric exercise in the morning followed by rest,
 22 then attended physical therapy or pool therapy in the afternoon. (AR 275). She was out of
 23 reclining position a total of about five and a half hours per day, being up for five to 20 minutes at
 24 a time. (AR 275, 279).

25 Plaintiff's husband reported similar limitations. See AR 266-74 ("Function Report Adult
 26 - Third Party" dated December 13, 2003). He said that with the assistance of a care giver
 27 plaintiff attends physical therapy three days a week, acupuncture one day per week, and pool
 28 therapy two days per week. (AR 266, 269). He said plaintiff cannot stand for long periods of
 time, cannot stoop, and cannot reach above her head. (AR 268). Plaintiff could only lift a few
 pounds and could walk 50-100 feet before needing to rest for two to four minutes. (AR 271).
 Plaintiff reportedly watched TV or worked with photo albums five hours per day and spent one to
 two hours per day using a laptop. (AR 270, 273). Plaintiff elsewhere explained that she uses a
 special table for her laptop that swings over her bed or reclining chair. (AR 276).

1 may indicate more severe limitations or restrictions than can be shown by medical
 2 evidence alone. Id. (citations omitted).

3 An ALJ is not required to believe every allegation of disabling pain or other
 4 non-exertional impairment. Orn v. Astrue, 495 F.3d 625, 635 (9th Cir. 2007)
 5 (citing Fair v. Bowen, 885 F.2d 597, 603 (9th Cir. 1989)). If, as here, the record
 6 establishes the existence of a medically determinable impairment that could
 7 reasonably give rise to the reported symptoms, an ALJ must make a finding as to
 8 the credibility of the claimant's statements about the symptoms and their
 9 functional effect. Robbins, 466 F.3d at 883 (citations omitted). Unless an ALJ
 10 makes a finding of malingering based on affirmative evidence thereof, a finding
 11 not made in this case, the ALJ may reject a claimant's testimony regarding the
 12 severity of her symptoms only if the ALJ makes specific findings stating clear and
 13 convincing reasons for doing so. Id. (citations omitted); see also Valentine v.
 14 Commissioner, Social Security Administration, 574 F.3d 685, 693 (9th Cir. 2009)
 15 (discussing standard); Vasquez v. Astrue, 572 F.3d 586, 591 (9th Cir. 2009)
 16 (same); Carmickle v. Commissioner, Social Security Administration, 533 F.3d
 17 1155, 1160 (9th Cir. 2008) (citations omitted) (same). The ALJ's credibility
 18 findings "must be sufficiently specific to allow a reviewing court to conclude the
 19 ALJ rejected the claimant's testimony on permissible grounds and did not
 20 arbitrarily discredit the claimant's testimony." Moisa v. Barnhart, 367 F.3d 882,
 21 885 (9th Cir. 2004). The ALJ must "specifically identify the testimony [the ALJ]
 22 finds not to be credible and must explain what evidence undermines the
 23 testimony." Holohan v. Massanari, 246 F.3d 1195, 1208 (9th Cir. 2001).

24 To find the claimant not credible, an ALJ must rely on (1) reasons unrelated
 25 to the subjective testimony (e.g., reputation for dishonesty); (2) internal
 26 contradictions in the testimony; or (3) conflicts between the claimant's testimony
 27 and the claimant's conduct (e.g., engaging in daily activities inconsistent with the
 28 alleged symptoms, maintaining work inconsistent with the alleged symptoms,

1 failing, without adequate explanation, to take medication, to seek treatment or to
 2 follow prescribed course of treatment). Lingenfelter v. Astrue, 504 F.3d 1028,
 3 1035-40 (9th Cir. 2007); Orn, 495 F.3d at 636; Robbins, 466 F.3d at 883; Burch,
 4 400 F.3d at 680-81; SSR 96-7p; see also Bray v. Commissioner of Social Security
 5 Administration, 554 F.3d 1219, 1226-27 (9th Cir. 2009) (“In reaching a credibility
 6 determination, an ALJ may weigh inconsistencies between the claimant’s
 7 testimony and his or her conduct, daily activities, and work record, among other
 8 factors.”)(citation omitted).¹⁴ Although an ALJ may not disregard a claimant’s
 9 testimony solely because it is not substantiated affirmatively by objective medical
 10 evidence, the lack of medical evidence is a factor that the ALJ can consider in his
 11 credibility assessment. Burch, 400 F.3d at 681.

12 Questions of credibility and resolutions of conflicts in the testimony are
 13 functions solely of the Commissioner. Greger v. Barnhart, 464 F.3d 968, 972 (9th
 14 Cir. 2006). If the ALJ’s interpretation of the claimant’s testimony is reasonable
 15 and is supported by substantial evidence, it is not the court’s role to “second-
 16 guess” it. Rollins v. Massanari, 261 F.3d 853, 857 (9th Cir. 2001).

17 2. Analysis

18 In finding that prior to plaintiff’s date last insured plaintiff retained the
 19 residual functional capacity to perform sedentary work, the ALJ discussed at
 20 length plaintiff’s complaints in the context of plaintiff’s voluminous medical
 21 record, and found that the objective medical findings did not support the degree of
 22 limitation plaintiff alleged. (AR 22-34). The ALJ reasoned:

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25 ¹⁴The Burch court explained:

26 [If] a claimant engages in numerous daily activities involving skills that could be
 27 transferred to the workplace, the ALJ may discredit the claimant’s allegations
 28 upon making specific findings relating to those activities.

400 F.3d at 681 (citation omitted).

1 Although the claimant portrays herself as virtually incapacitated,
 2 there are simply no objective findings which support the claimant's
 3 allegations that she was unable to work through the date last insured
 4 of September 2003. In fact, not even Dr. Weston, the claimant's
 5 treating psychologist could reconcile the claimant's symptoms with
 6 the objective findings.¹⁵ Moreover, the claimant participated in a
 7 wide range of activities through the date last insured. She attended

8
 9 ¹⁵It is not clear from the record what the ALJ meant when he said Dr. Weston could not
 10 reconcile plaintiff's symptoms with the objective findings. Dr. Weston reported first examining
 11 plaintiff on August 29, 2001, and seeing plaintiff weekly initially, then bi-monthly, with the last
 12 visit on or around February 8, 2006. (AR 1082; see also AR 1448-71, 1573-90, 1637-40 (Dr.
 13 Weston's progress reports)). Dr. Weston's various progress reports include his observations
 14 concerning plaintiff's physical limitations, including: (1) plaintiff being visibly worn out after
 15 the 30 to 40 minute commute to Dr. Weston's office (1451); (2) consistent loss in plaintiff's
 16 ability to function following trips (AR 1452); (3) plaintiff's frequent need to adjust her supports
 17 and cushions during therapy sessions and attendant restlessness and discomfort (AR 1462, 1574);
 18 and (4) plaintiff unsteadiness when moving from her car to Dr. Weston's office (AR 1574).

19 Dr. Weston completed a "Neuropsychological Evaluation" for plaintiff in September and
 20 October 2001. (AR 1472-81). Dr. Weston administered a battery of psychological tests and
 21 noted some disparities in plaintiff's subtesting occurring more often in brain damaged
 22 populations (e.g., difficulty in mentally double-tracking, holding information in her head and
 23 manipulating it). (AR 1474-76). Dr. Weston concluded, however, that plaintiff's performance
 24 did not suggest "clear cut memory deficits." (AR 1477). Dr. Weston observed plaintiff having
 25 difficulty with sustained attention and concentration problems on more complex forms of
 26 intellectual activity. (AR 1479). Dr. Weston also noted "[a]n inefficiency and awkwardness" in
 27 plaintiff's right hand coordination. (AR 1480).

28 Dr. Weston prepared a later evaluation and mental residual functional capacity
 29 assessment dated August 18, 2005. (AR 1596-1602). Dr. Weston noted extreme restrictions of
 30 activities of daily living due to plaintiff's physical limitations and pain, "continual" impairment
 31 in memory and ability to organize her thinking, and "continual" episodes of deterioration or
 32 decompensation. (AR 1599).

33 Without further explanation, the ALJ's bare reference to Dr. Weston's inability to
 34 reconcile plaintiff's symptoms with the objective findings is not a sufficiently "specific, clear and
 35 convincing reason" to support the adverse credibility finding. See Vasquez v. Astrue, 572 F.3d
 36 at 592 (finding ALJ's failure to discuss physician findings, or any specific medical evidence in
 37 rejecting claimant's subjective complaints of pain, rendered insufficient the ALJ's adverse
 38 credibility determination).

1 pool and other physical therapy several times a week, and she swam
 2 at a relative's home. She worked on photo albums, listen[ed] to
 3 books on tape, listened to music, used her computer, regularly phoned
 4 elderly shut-ins, and attended church twice a month. She also has a
 5 good social network. . . . [T]he claimant reported she can do simple
 6 cooking and she enjoys working on photo albums. She said she was
 7 unable to get around without physical assistance and she required
 8 help dressing below the waist. . . . In a letter dated January 5, 1999,
 9 the claimant reported that when she returned from vacation, she could
 10 only handle six hours of activity a day, which included exercising,
 11 working in the kitchen, walking, and being around others. However,
 12 most people normally work no more than 6 hours out of an 8-hour
 13 work day, minus lunch and other breaks. . . . [A]fter work, she needed
 14 to rest and ice her back. . . . The claimant also reported that her main
 15 complaint was dizziness, headaches, and memory loss.

16 (AR 33-34).¹⁶ The reasons articulated by the ALJ for discounting plaintiff's
 17 subjective complaints are inadequate.

18 First, while the ALJ could discredit plaintiff's subjective symptom
 19 testimony due to plaintiff's "wide range" of daily activities, Burch, 400 F.3d at
 20 680, plaintiff consistently reported that she was limited in her ability to engage in

22 23 ¹⁶Similarly, the ALJ rejected plaintiff's husband's third party report concerning plaintiff's
 24 limitations based on the medical record and plaintiff's reported daily activities, reasoning:

25 26 . . . [T]he record does not support a finding that the claimant's condition is further
 27 limitation [sic] than the sedentary exertion level found herein. . . . Considering the
 28 fact that the claimant attended therapy five days a day [sic], and considering that
 she did these other activities including laundry, making meals, watching
 television, and working on hobbies, an inference can be made that the claimant
 was functional for at least 8 hours out of each workday.

(AR 35).

1 daily activities for a period longer than six hours per day. (AR 275, 279, 683,
 2 Plaintiff's limited daily activities, which consisted mostly of seeking
 3 ongoing treatment for her physical condition, do not support the inference that
 4 plaintiff was or could be functional for a normal eight-hour workday. Compare
 5 Burch, 400 F.3d at 680 (9th Cir. 2005) (upholding adverse credibility
 6 determination where claimant's daily activities "suggest that she is quite
 7 functional," where the claimant was "able to care for her own personal needs,
 8 cook, clean and shop") (internal quotations and citation omitted); Archambeault v.
 9 Astrue, 321 Fed. Appx. 601, 603 (9th Cir. 2009) (upholding adverse credibility
 10 determination based upon claimant's ability to perform daily activities including
 11 "household chores, such as grocery shopping, caring for pets. . . , cook[ing],
 12 wash[ing] dishes, and perform[ing] yard work").¹⁷

13 Assuming, arguendo, that plaintiff could work six continuous hours per day,
 14 there is no evidence to suggest that plaintiff could complete a normal eight-hour
 15 work day. See SSR 96-8p (a claimant's residual functional capacity for disability
 16 purposes is the ability to do "work-related" activities on a "regular and continuing
 17 basis," i.e., for eight hours per day, five days per week, or an equivalent work
 18 schedule). The ALJ's unsupported conclusion that "most people normally work
 19 no more than 6 hours out of an 8-hour work day, minus lunch and other breaks" is
 20 not substantial evidence, nor is it an "inference logically flowing from the
 21 evidence." See generally Sample v. Schweiker, 694 F.2d 639, 642 (9th Cir.
 22 1982). At a minimum, the ALJ should have inquired of the vocational expert to
 23 support this conclusion.

24 Second, while an ALJ may discredit a plaintiff's subjective symptom
 25 testimony due, in part, to the absence of supporting objective medical evidence, it
 26 may not be the sole reason. Burch, 400 F.3d at 681; Rollins, 261 F.3d at 857
 27

28 ¹⁷The Court may cite unpublished Ninth Circuit opinions issued on or after January 1,
 2007. See U.S. Ct. App. 9th Cir. Rule 36-3(b); Fed. R. App. P. 32.1(a).

1 (“While subjective pain testimony cannot be rejected on the sole ground that it is
 2 not fully corroborated by objective medical evidence, the medical evidence is still
 3 a relevant factor in determining the severity of the claimant’s pain and its
 4 disabling effects.”) (citation omitted). Since the ALJ’s reliance on plaintiff’s
 5 limited daily activities to support the adverse credibility determination was
 6 improper, the ALJ could not rely on the purported failure of the objective medical
 7 evidence to support the degree of limitations plaintiff alleges as the sole remaining
 8 reason to reject plaintiff’s credibility.

9 On this record, the Court cannot say that the ALJ adequately considered
 10 plaintiff’s subjective complaints, or that the ALJ’s failure to adopt greater
 11 limitations was harmless. While the vocational expert testified that a person
 12 having the limitations the ALJ found to exist could perform several jobs existing
 13 in the national economy, the expert did not offer an opinion that a person limited
 14 to no more than six hours of activity per day could perform those jobs or other
 15 work existing in the national economy. (AR 118-23 (vocational expert
 16 testimony)).¹⁸

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23 ¹⁸Nor is this a case “where there are no outstanding issues that must be resolved before a
 24 proper disability determination can be made, and where it is clear from the administrative record
 25 that the ALJ would be required to award benefits if the claimant’s . . . testimony were credited,”
 26 such that plaintiff’s testimony should be credited as true and benefits awarded. Vasquez v.
Astrue, 572 F.3d at 593. When a court reverses an administrative determination, “the proper
 27 course, except in rare circumstances, is to remand to the agency for additional investigation or
 28 explanation.” Immigration & Naturalization Service v. Ventura, 537 U.S. 12, 16 (2002)
 (citations and quotations omitted). Remand is proper where, as here, additional administrative
 proceedings could remedy the defects in the decision. McAllister v. Sullivan, 888 F.2d 599, 603
 (9th Cir. 1989); see also Connell v. Barnhart, 340 F.3d 871, 876 (9th Cir. 2003) (remand is an
 option where the ALJ stated invalid reasons for rejecting a claimant’s excess pain testimony).

V. CONCLUSION¹⁹

For the foregoing reasons, the decision of the Commissioner of Social Security is reversed in part, and this matter is remanded for further administrative action consistent with this Opinion.

LET JUDGMENT BE ENTERED ACCORDINGLY.

DATED: January 13, 2010

/s/

Honorable Jacqueline Chooljian
UNITED STATES MAGISTRATE JUDGE

¹⁹The Court need not, and has not adjudicated plaintiff's other challenges to the ALJ's decision except insofar as to determine that a reversal and remand for immediate payment of benefits would not be appropriate.